

Patient Name	Age / Gender	Date Issued	Prescription ID
Burhan Ahmad	19 Y / Male	01 M 2026	#00003

Chief Complaints

dillusional thinking.

Primary Diagnosis

Acute Brief Psychotic Disorder
/ Delusional Ideation (R/O
Schizophrenia Spectrum)

Doctor's Advice & Instructions

1. Risperidone 1mg Dosage: 1 Tablet Frequency: Twice daily (Morning and Night) Duration: 14 Days Instructions: Take after meals. May cause initial drowsiness; avoid driving or operating heavy machinery. 2. Lorazepam 0.5mg Dosage: 1 Tablet Frequency: As needed (PRN) for severe agitation or anxiety Duration: 14 Days Instructions: Do not exceed 2 tablets in a 24-hour period. Patient is exhibiting signs of persecutory delusions. - Family is advised to ensure compliance with medication and observe for any side effects (restlessness, muscle stiffness). - Do not argue directly with the delusional beliefs, but do not validate them either. Provide a calm, low-stress environment. - Ensure adequate sleep (minimum 8 hours/night). - Blood work (CBC, Liver function, Thyroid panel) recommended before next visit to rule out organic causes. - Follow up in EXACTLY 2 weeks to monitor response to Risperidone.

Dr. Dr. Moazzam Ali

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